



THE COLLEGE OF  
OPTOMETRISTS

# Stage Two

## Overarching case scenario 61

Age 21, art student. Hobbies drawing, music. Non driver

Reason for visit – wearing cosmetic contact lenses and friend said she should have an aftercare. Buys lenses on line, never had a fit or an aftercare for them. Never had an eye exam, never worn spectacles.

Wears lenses for social wear, clubbing at weekends and for occasional evenings. Generally worn 2-3 days per week for 6 hours or so. Worn 1 hour today.

Friend showed her how to insert and remove lenses, all OK. Doesn't always wash hands before handling lenses, doesn't reuse lenses

No ocular history, general health good, no medications, no allergies, smoker.

Keratometry:

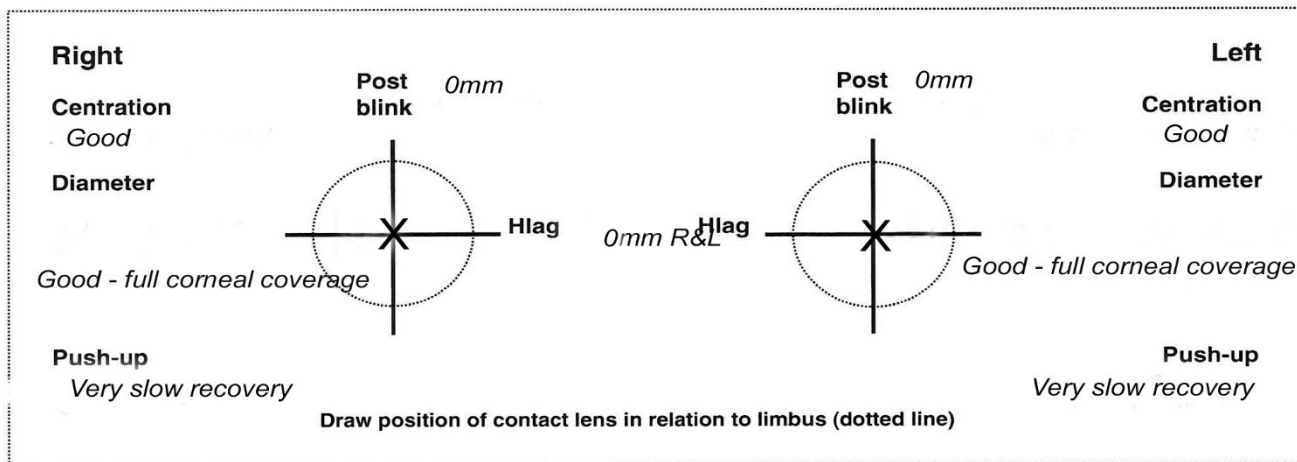
RE 7.80 along 180; 7.75 along 90  
LE 7.85 along 180, 7.80 along 90. Mires clear.

HVID 11.5mm

Contact lens specification

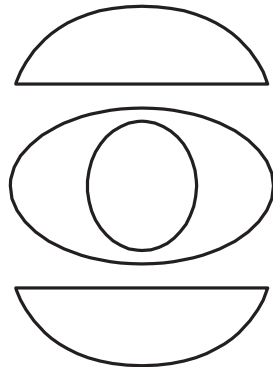
Alcon Freshlook Dailies Green 8.60/13.8 plano R&L

Contact lens fit assessment:



External examination

Very mild blepharitis, grade 0.5 MGD



Grade 0.5 limbal hyperaemia nasally R&L

No corneal staining R or L

tBUT 15 seconds R&L

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